

SEABREEZE GYMNASTICS CAMP

2023

Dates:

Week 1 – June 26th – 29th

Week 2 - August 21st – 24th

Time:

11:00am - 2:00pm



Cost:

Limited Space

\$100 *with current* Boys & Girls Club Membership

\$115 *without current* Boys & Girls Club Membership

Eligibility:

Ages 6+ Boys & Girls

Camp Description:

As Camp Coaches we want to teach the fundamentals of gymnastics along with the importance of stretching and warming up as well as introduce them to the vault, uneven bars, balance beam, and floor exercise. All participants will receive a certificate on the final day of camp.

Camp Director & Coaches:

All coaches are Safety Certified with USA Gymnastics and have USA Gymnastics Coaching Cards.

Camper Must Provide:

Gymnastics type clothes or athletic type clothing that covers the midriff must be worn. No belts or ties on shorts or pants and no jewelry please. Hair must be up away from the child's face.

Discipline:

Campers are expected to follow Boys & Girls Club rules as well as rules of Gymnastics Plus. Coaches may dismiss campers that violate the rules at any time. No refunds will be given for those sent home for disciplinary reasons.

Cancellations: A \$10 fee will be charged if cancelled prior to first day of camp and partial refunds will be made for medical reasons.

Application and Payment:

Mail to:

Boys & Girls Club of Southwestern Oregon/
Seabreeze Gymnastics Camp
PO BOX 1082
Coos Bay, OR. 97420



PLEASE BRING A WATER BOTTLE AND SNACK